

Ikara – Ediacara: Past, Present and Future Leadership Experience 6th July to 10th July 2023

Dear Laura

We are really looking forward to being with you for the Ikara – Ediacara Leadership Experience and welcome you as part of the group for this journey.



Ikara – Ediacara – Travel and Accommodation

We will leave Adelaide Airport on Thursday, 6th July 2023 at 10.00am from the Atura Hotel Lobby. The Atura Hotel is located to the right of the Adelaide Domestic Terminal – just a short walk from the Baggage Collection area. Please ensure that your flight enables you to arrive well before this time and if you would prefer to come in the night before, the hotel is a good place to stay.

We will be travelling together in a small bus, stopping for lunch in the Clare Valley on our way to the Flinders Ranges and we will return to Adelaide Airport by 5.00pm on 10th July 2023.

Our first two nights – July 6th and 7th will be spent at Gum Creek Station 15 Wilpena Rd, Blinman SA 5730 Phone: (08) 8648 4883 and the nights of July 8th and 9th at The Prairie Hotel, High St & West Terrace, Parachilna SA 5730 Phone: 0428 884 224.

Our accommodation in both locations is warm and comfortable with all linen, bedding and towels provided. All meals are catered for and if you have any allergies or specific food requirements could you note these on the [Participant Registration](#) form.

Mobile and internet coverage is limited north of Clare and throughout the Flinders Ranges. Blinman township has Optus but no Telstra coverage. Gum Creek Station Lodge does have some internet coverage but no mobile cover. Prairie Hotel has Telstra mobile and internet coverage. We also have access to a satellite phone for emergencies when in remote locations.

Further Information and What to Bring

Luggage

Storage space in the bus is limited, so we recommend that you use a soft luggage bag to pack your clothes in rather than a hard case. We also suggest bringing a small day pack that you can have with you when we are out during the day. It will need to be large enough to carry your water bottle and other essential daily items.

Climate

The temperature is likely to range from approximately 3 - 20 Degrees Celsius. It will be unusual to have rain, however we need to be prepared for all weather.



It is a desert climate and the evenings can get quite cold as well.

A windproof/waterproof jacket would be an advantage. Layered clothing e.g. shirt and vest also enables you to warm up or cool down quickly.

Travel Insurance

We suggest that you consider purchasing travel insurance to cover this trip if you do not already have it, given the remoteness of the location, the distance to hospitals and unplanned delays or cancellations. In case of medical emergency involving the Royal Flying Doctor Service, if you have private health cover, please check with your fund on cover for transfer from a public to private hospital.

Clothing

Here is a list of what to bring. Normally “less is best”!

- ⑥ Head Torch and spare batteries
- ⑥ Day Pack
- ⑥ Sturdy water bottle
- ⑥ Waterproof/windproof jacket
- ⑥ Long sleeve shirts and a protective hat for sunny days
- ⑥ Long pants and layered clothing – it can get cold at night, so a beanie, socks, jumper and jacket won't go astray
- ⑥ Evenings – neat casual with footwear your feet will appreciate after walking
- ⑥ Sturdy walking shoes with soles that will manage creek beds and gravel surfaces
- ⑥ Walking poles (optional)
- ⑥ Sunglasses
- ⑥ Sun block/screen
- ⑥ Insect repellent and fly net for hat (the flies can be bothersome)
- ⑥ Binoculars (optional)
- ⑥ A small personal medical kit which could include: Antiseptic wipes, Band-aids or elastoplast, Antiseptic cream/Antihistamine cream for insect bites
- ⑥ Personal medication (as prescribed)



Our Time Together

We have the opportunity to visit and explore the many spectacular gorges and unique environment of Ikara – Flinders Ranges as well as spending time at the site of one of the oldest and most intact fossil beds in the world (Ediacara) on Nilpena Station. We will also meet with local traditional owners and pastoralists to better understand the past, present and future importance of this area for everyone.

At the same time, we will also continue to build our own levels self-awareness, emotional health and understanding of our leadership role within all of this and the broader global context.

We encourage you to come prepared to explore your own leadership challenges and opportunities as well as provide your own insight and experience to what is presented and shared in our time together.

There will also be time to rest, relax, take time for yourself and have some fun – all in 5 days!!!

Please do not hesitate to contact Annie or I if you have any questions or require any further information. We are very excited about being together in this unique environment.

Warm wishes
Gayle and Annie

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