

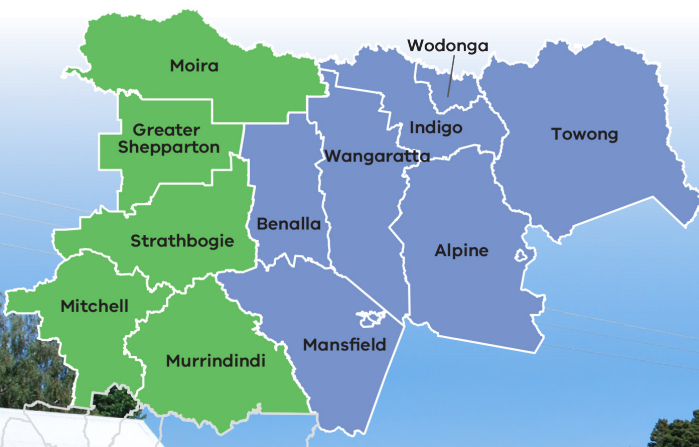
COMMONWEALTH HOME SUPPORT PROGRAM (CHSP)

The Access and Support service is funded by the CHSP.

CHSP services support and assist older people aged 65 years and over (50 years and over for Aboriginal and Torres Strait Islander people) to remain living at home and in their community.

CATCHMENT AREA

The Access and Support service is available in the Hume region of Victoria.



Shire of Strathbogie

Towns and districts including: Arcadia South, Avenel, Bailieston, Boho, Boho South, Creightons Creek, Creek Junction, Euroa, Gooram, Goulburn Weir, Graytown, Kithbrook, Kelvin View, Kirwans Bridge, Locksley, Longwood, Longwood East, Mangalore, Marraweeney, Miepoll, Mitchellstown, Moglonemby, Moormbool West, Nagambie, Pranjip, Riggs Creek, Ruffy, Sheans Creek, Strathbogie, Tamleugh, Tablik, Upotipotpon, Violet Town and all in between.

Greater Shepparton City Council

Towns and districts including: Ardmona, Arcadia, Boxwood, Bunbartha, Byrneside, Caniambo, Congupna, Cooma, Cosgrove, Dhurringile, Dookie, Girgarre East, Grahamvale, Gowangardie, Harston, Kialla, Kyabram South, Lemnos, Marionvale, Merrigum, Mooroopna, Mount Major, Murchison, Nalinga, Orrvale, Pine Lodge, Shepparton, Stewarton, Tallygaroopna, Tatura, Toolamba, Undera, Waranga, Zeerust and all in between.



Commonwealth Home Support Program

Access and Support

Angie Spiewak

Access & Support Officer

Supporting the Shires of Greater Shepparton and Strathbogie

Phone: (03) 5832 9755

Mobile: **0418 574 542**

Email: angie.spiewak@shepparton.vic.gov.au



WHAT IS ACCESS AND SUPPORT?

The Access and Support service helps people who have diverse needs and who have difficulty finding out about services or getting the services they need.

The Access and Support service provides short term support for frail older people, and their carers, who:

- Need help to stay living at home
- Have diverse needs
- Need help to access services

If you, or someone you are caring for is **Aboriginal, culturally and linguistically diverse or financially disadvantaged, or has dementia, or lives in an isolated or remote area**, and has trouble accessing services, an Access and Support officer may be able to help you.

Access and support is free, confidential and no referral is required.



WE WILL LISTEN TO YOU

The Access and Support officer will talk with you about:

- What is most important to you (your needs and goals)
- What you need help with to stay safe and well at home
- What you want to be able to do or keep doing.

The Access and Support officer can talk with you about the range of support services that are available in your area.

The Access and Support officer will work in partnership with other people who support you such as family members, friends, your community, your doctor and other health professionals.

HOW CAN AN ACCESS AND SUPPORT OFFICER HELP YOU?

An Access and Support officer can help you to:

- Registering or referring with My Aged Care
- Find out about and contact support services
- Think about what questions to ask
- Understand how services work
- Understand the steps involved to apply for a service
- Find out if there are any costs involved
- Complete any paperwork or forms
- Choose which services suit your needs and lifestyle
- Think about how you would like the service to be provided
- Think about any instructions you have for the worker
- Get started with using support.

