

The Maternal & Child Health Service supports families with children from birth to school age in the areas of parenting, health and development. The service offers ten Key Ages and Stages consultations for you and your child, an opportunity to meet other parents and access community groups, and further support, assistance and referrals as needed.

## Key Ages and Stages Consultations

- Home visit
- 2 weeks old
- 4 weeks old
- 8 weeks old
- 4 months old
- 8 months old
- 12 months old
- 18 months old
- 2 years old
- 3.5 years old

Extra consultations are available as required

All Maternal & Health consultations are free

## Maternal & Child Health Centres

There are four centres located within the shire

**Euroa** – Bury Street (next to the Kinder)

**Nagambie** – 16 Vale St

**Avenel** – Avenel Hall, 15 Queen St

**Violet Town** – 8-10 Hyacinth St (at the Kinder)

## Maternal & Child Health Sessions

Open sessions can be attended without an appointment during the following times:

**Euroa** – Mondays, 9:30am – 12noon

**Nagambie** – Tuesdays, 10am – 1pm

**Avenel** – Wednesdays, 9:30am – 11am

**Violet Town** – Thursdays, 9:30am – 11am

Alternatively, you may book in an appointment outside these hours, between 9am – 5pm

## Immunisations

are held at the Maternal & Child Health Centres on the third Wednesday of the month.

**Euroa** 10am – 11am

**Nagambie** 12:30pm – 1pm

**Violet Town & Avenel**

3pm – 3:30pm (alternative months)

## First Time Parent Group

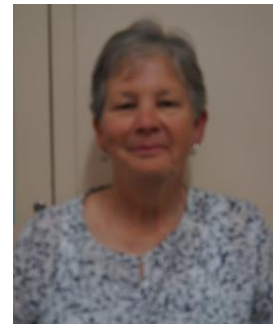
First Time Parent Groups are held throughout the year to provide support and advice to new parents and meet first time parents. Speak with the Maternal & Child Health Nurses about upcoming First Time Parent Groups.

## Our Maternal & Child Health Nurses



**Jane Davey**

Monday – Wednesday



**Cheryl Kearney**

Wednesday & Thursday

## Maternal & Child Health Line

is a state-wide telephone service available 24 hours a day, 7 days a week for Victorian families with birth to school aged children contact **13 22 29**

## For appointments or to speak with a Maternal & Child Health Nurse

please call 03 5795 0000 or free call 1800 065 993 between 9am - 5pm